## FROM THE EDITOR'S DESK

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The future of country's knowledge power is at crossroads. Universities, regarded to be centers of learning, have lately turned out to become production factories undermining civic service motive and the intellectual future of the country. Resistance to system change, power struggle, inter-personal egotism, jealousy and competition between departments and laboratories, commercialization of education, revenue priorities have all contributed to confrontation and road blocks. Who do we ask for solutions or where do we search for answers?

Answers are not sold on the shelves but a fundamental transformation process must encompass every aspect of the mission of the University. A transformation process from discord to harmony is stimulated not just by deliberated set of goals reflecting students' aptitude, publication, loss of revenue or other. Can a pianist justify he has harmonized music by just playing the white or black keys alone? Transformation is not just achieving a set of goals but, as said, a process of change at every level of functioning to build capacity for the university's future. Generally, administration slithers into operations by usually keeping subjects, departments and faculty separate. May be it is done for certain reasons. Nevertheless, opportunities created at every door-step university-wide would not only pave way for re-examination of but validation of individual's knowledge power only to consolidate them to advance higher learning. Is this possible to happen in Indian Universities?

Some may cry 'No' and some 'Yes'. People, who cry no, do not carry the mission of a university but worry about their own accomplishments. These people may be productive in terms of teaching, publications, patient care etc., yet loose university's core value in due process (black keys). On the other hand, people who say yes are not totally opposite but share different ideology beyond their self (white keys). Simply put, it is the attitude of "Why should I?" or lack of it. This is much evident in healthcare universities and institutions where integrated system of patient care and research is prejudicated. In modern world, both of these are obligatory not only for their very own existence but creating a knowledge wealth for the future generations and articulate a system of quality healthcare where a patient is put forward and not his disease or condition. Now, the challenge is who can make this happen?

This brings to the ring, academic administrators, faculty, physicians and surgeons, research scientists, students and healthcare providers to do a self-study of their potential, put forward their interests and enrich core values of their self and that of the university. An interdisciplinary effort is needed to connect the disconnected and move from discord to harmony. How do we make this happen?

First let us review the integrated system of healthcare. It starts with prejudice carried by a patient, the doctor and the society. A sick patient, who lives a chaotic lifestyle, wants to get well quickly, turns to modern medicine to help him. He loses his core value of quality healthy life. The doctor shifts priority to treat symptoms only. The patient recovers, the society endorses the process. So it seems that all is well. On the other hand, traditional systems of healthcare like AYUSH, music therapy, acupuncture etc., also have an equal claim in disease and healthcare management. There are strengths and weakness in modern medicine as there are in above mentioned systems of healthcare practices. One system can be complimentary to other. However, in reality, we have lost the articulation of life process and healthy living by disconnecting ourselves from an integrated system of medicine. This is like the black and white keys of a piano. You take the right combinations, it is a musical harmony and so is one's health. If so, why is this not happening......?

Truly, not to the extent expected because of rigidity in the beliefs and undue haste carried by the practitioners and the public, lack of scientific understanding and publicity. When one can complement the other system, let us accept it. What is a magnet without opposite poles? We need to connect the disconnected systems of healthcare. One best way to do is to scientifically generate an "Evidence-based Complimentary System of Healthcare". A system of healthcare complimented by evidence-based clinical practice and research will help us move from discord to harmony.

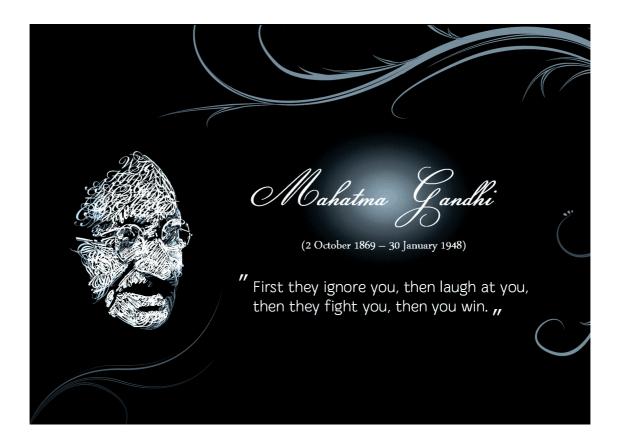
Second, research in a healthcare scenario is again prejudiced as a 'not me' or 'why should I' category. It is not just about a physician or surgeon or a scientist but disciplines in healthcare. A virologist doesn't care about music therapy or a surgeon has 'nothing to do' with what a chemist does. It has nothing to do with the spirit of the faculty but isolationism and priorities. The message that a university cannot be fit without innovative research is lost. What the university can do

is to create a microenvironment to reflect scientism intellectualism and the philosophy of evidence based complimentary system of healthcare. How can this be done?

Again connect the disconnected departments, disciplines by a common mechanism to focus on sustaining the core values of the university and thereby the society. Let us move from discord to harmony. This would unveil the 'wholeness' behind the university's mission.

Sri Balaji Vidyapeeth is committed to achieve this goal. In this effort, SBV has already made landmarks in a unique and innovative way. This issue of Annals of SBV publishes its achievements in integrating allopathy and traditional system of medicine. Sanjeevita 2013, is an innovative effort by Sri Balaji Vidyapeeth and Central Inter-Disciplinary Research Facility promoting 'Current Concepts in Integrative Medicine' that brought together all disciplines and systems of medicine together with one common focus – 'Patient First: Quality Health for All.' This issue also covers SBV's achievements in bringing yoga and music therapy as integral part of patient care and well being. All put together, one can experience this innovative concept of modern and traditional healthcare services provided to the public by Sri Balaji Vidyapeeth based on evidence-based research and practice.

The editors thank the Chancellor Shri M.K.Rajagopalan for promoting integrative medicine and his unconditional support towards organizing Sanjeevita 2013, supporting evidence-based research in Central Inter-Disciplinary Research Facility and Center for Yoga Therapy, Education and Research. Our sincere thanks to the Vice-Chancellor Prof.K.R.Sethuraman and Dean (Research) Prof.N.Ananthakrishnan for their encouragement and cooperation in making this happen.



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