

## HOMOEOPATHY – UTILISE TO ITS FULLEST POTENTIAL

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Homeopathy is a natural pharmaceutical science that utilizes extremely small doses of substances to stimulate a person's immune and defence systems. It considers the mind and body are inter-dependent in Health – Disease – Cure Basically it is individualistic medical system rather than generalised – hence there are no specific Medicines for specific Diseases.

Each medicine is individually prescribed according to the “Law of Similars” that is, a substance which is capable of evoking a certain set of symptoms in an essentially healthy person under controlled research procedures, may become a potential effective therapeutic agent when prepared according to the specifications of the Homeopathic Pharmacopoeia and prescribed in accordance with Homeopathic standards. It uses medicines qualities rather than quantity. Believes in minimum medication for any number of diseases or disease conditions. The Homeopathic medicines work so effectively because they work with nature, rather than against, the body's inherent immune system. There are no additives, fillers, etc. It is neither habit forming nor fattening. Has no known side effects.

Homeopathy considers the body to be the best healing system around, and the symptoms are the body's effort to heal. Homeopathic medicines stimulate the body's natural ability to heal itself. A dose is considered as the number of times a remedy is taken, not the number of pellets or squirts. Homeopathy is safe during pregnancy, with babies, and animals. The treatment need not wait for the final diagnosis (of course diagnosis may help in treating the case) It can reach more where other systems do not have Penetration. It treats the Person with the Disease rather than Disease in the Person

Homeopathy adopts all the diagnostic measures to diagnose- treat- and monitor the treatment so that there is no mere removing of the symptoms but also annihilating the disease, specially life style changing healthy vegetarian food and of course Ashtanga Yoga.

Apart from general ailments, it can treat advantageously treat Asthma, sinusitis, Tuberculosis, allergic rhinitis etc. Depression, bedwetting, IBS, amoebiasis, Hemorrhoids, Fistula in Ano, Fissures, corns, warts, polyps, cysts, pre & post menopausal Syndrome, irritable children Autism, ADHD etc, above all Viral diseases like Swine flu, Dengue, chikungunya, Herpes Zoster etc.

The practitioners need to be open minded & accept the wholistic approach, look into other options like AYUSH while treating patients. Monitoring can be with the modern gadgets. There is saying “ Success is easy if you do not bother who takes the Credit “ Ultimately patient is not bothered about the type of treatment he is concerned with relief. Hence let the patient be the aim and not the type of Medical system.

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