

TRADITIONAL SYSTEMS OF MEDICINE

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Traditional systems of Medicine especially Siddha system of Medicine in Southern parts of India is becoming much popular for its unique value in treating and preventing ailments of mankind. Infection causes diseases and malnutrition causes diseases were more prominent in the beginning of the last century, but it was controlled in wealthy countries after introducing preventive measures like vaccines and nutritional food programs. Recent problems affecting mankind are malignancy, degenerative disorders, biochemical disturbances, mental illness and immunological disorders mainly genetic in origin. Chromosomal damages are due to radiation used in therapy, environmental pollution by drugs reactions and immoral behaviors. Siddha system treats both body and mind, prevents diseases and helps for longevity of life. Kaayakalpam is the main strength of the system. It helps for longevity of life by preventing diseases. It is not only by drugs, but by practices also. Apart from this, choice of drugs for anemia, arthritis, and skin disorders are more. Treating HIV and malignancy is possible.

Drugs were tried for HIV in MMC, Chennai and Thoracic medicine hospital, Tambaram Sanatorium. During Chemotherapy supportive treatment can be provided to treat anemia, loss of appetite, etc. In drug resistant Tuberculosis, drugs in Siddha system is the best of choice. It was tried in Thoracic medicine hospital. Long back it was expected to know the antibiotic available in Siddha medicine and treatment for Asthma. In recent period, drugs for treating viral infections and malignancies are mainly expected. There is more research scope for many diseases available in Siddha system. For successful achievements, support from Advance medical system is very much needed which will be discussed in detail during panel discussion.

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