



▼ FACULTY ABSTRACTS

F - 14 : ASSESSMENT OF KNOWLEDGE, ATTITUDE AND PRACTICE ON NUTRITIONAL AWARENESS AMONG HEALTH CARE PROFESSIONALS

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Background: The importance of including Nutrition in the training of health care professionals, remains low priority. However, many health care providers are not adequately trained to address lifestyle recommendations that include Nutrition and Physical activity behaviours.

Objective: This study sought to assess the Knowledge, Attitude and Practice on Nutritional Awareness among health care professionals

Design: A descriptive study focuses on the group of Health Care Professionals which includes Physicians, Dentists and Nursing faculty. Interested 52 Participants who fulfilled the inclusion criteria have been chosen through purposive sampling technique. The Knowledge, Attitude and Practice of Health Care Professional related to Nutritional aspects were collected using structural Questionnaire for assessing Knowledge, Rating Scale for assessing Attitude and checklist for assessing Practise used respectively.

Results: Knowledge, Attitude and Practice of the Health Care Professionals were evaluated on Nutritional awareness. Out of 52 samples 14 (26.9%) has adequate knowledge and 38 (73.1 %) samples has inadequate

knowledge . In case of Attitude all 52 (100%) participants has positive attitude towards Nutrition. While about practice 8 (14.6%) has excellent , 20 (39.6%) has good and 24 (45.8 %) has fair level of practices. There is a no statistical Correlations found between Knowledge ,Attitude and Practice. The results of correlation revels that, though Attitude is positive, Knowledge and Practise are found inadequate among Health Care Professionals.

Conclusions: This study concludes that even though many sources are available to gain Awareness on Nutrition. Since, the knowledge among health care professionals need to be improved.